

**Arkansas State University
Professional Education Faculty Vita**

VALARIE L. HILSON

ACADEMIC DEGREES

Arkansas State University, Jonesboro, Arkansas
Doctor
Emphasis: Educational Leadership
May 16, 2020

Arkansas State University, Jonesboro, Arkansas
Specialist in Community College Teaching (SCCT)
Emphasis: Community College Administration
May 10, 2008

Arkansas State University, Jonesboro, Arkansas
Master of Science in Education (MSE)
Emphasis: Physical Education
December 16, 2005

Arkansas State University, Jonesboro, Arkansas,
Bachelor of Science in Education (BSE)
Emphasis: Physical Education
December 19, 2003

PROFESSIONAL EXPERIENCE

Assistant Professor, Department of Health, Physical Education, and Sport Sciences
Arkansas State University, Jonesboro, Arkansas
2021- Present

Instructor, Department of Health, Physical Education, and Sport Sciences
Arkansas State University, Jonesboro, Arkansas
2005- 2021

Physical Education Teacher/Coach,
Wynne Jr. High School, Wynne, Arkansas
2004-2005

Graduate Assistant, Department of Health, Physical Education, and Sport Sciences
Arkansas State University, Jonesboro, Arkansas
2004

LIST OF ALL COURSES TAUGHT

- HLTH 2513- Principles of Personal Health
- HPES 1013- Introduction to HPESS (Making Connections)
- HPES 1883- Foundations of HPESS

- PE 1002- Concepts of Fitness
- PE 1111- Physical Conditioning
- PE 1241- Fitness Walking
- PE 1131- Aerobic Exercise
- PE 1411- Track & Field
- PE 1461- Archery
- PE 1601- Soccer
- PE 1611- Basketball
- PE 1621- Volleyball
- PE 3832- Theory and Practice of Teaching Fitness Concepts
- PE 3842- Theory and Practice of Teaching Leisure Sports
- PE 3893- Sports in Society
- PE 4703- Adaptive Physical Education and Sport
- PE 4703H- Honors Adaptive Physical Education
- PE 4842- Theory and Practice of Coaching Track and Field
- PE 4863- Diversity in Sport & Athletics

CREATIVE RESEARCH

Perceptions of Students with Disabilities and their Experiences with Accommodations as Online Learners. (2020).

PRESENTATIONS AT LEARNED FORUMS

- **Regional**
 - Hilson, V.L. (2014, February). *Expanding Adaptive Physical Education Beyond the Classroom.* 2014 SDA AHPERD Convention, Lexington, KY.
- **State**
 - Hilson, V.L. (2023, November). *Promoting Inclusivity in the Physical Education Environment.* SHAPE Arkansas Convention. Jonesboro, AR
 - Hilson, V.L. (2023, August). *DEI for Unity.* Special Olympics Arkansas End of Summer Rally 2023. Little Rock, AR
 - Hilson, V.L. (2022, February). *Athletics (Track and Field) Coaches Training.* Special Olympics Arkansas Coaches Clinic. Delivered via Zoom Feb. 08, 2022.
 - Mooneyhan, A.B. & Hilson, V. L. (2010, November). *Integrating Math in Physical Education.* 2010 ArkAHPERD State Convention, Little Rock, AR.
 - Hilson, V. L. & Mooneyhan, A.B. (2010, November). *A Survey of General Nutrition Knowledge of Students enrolled in an undergraduate Principles of Personal Health Course.* Poster session presented at the 2010 ArkAHPERD State Convention, Little Rock, AR.
 - Hilson, V.L. (2009, November). *Incorporating Diversity into the Curriculum.* 2009 ArkAHPERD State Convention, Eureka Springs, AR.
 - Hilson, V.L. (2008, November). *How to Cultivate Student Success.* 2008 ArkAHPERD State Convention, Little Rock, AR.
 - Hilson, V.L. (2007, November). *Incorporating Service into Learning.* 2007 ArkAHPERD State Convention, Eureka Springs, AR.

- Hilson, V.L. (2006, November). *Instituting a Fitness Walking Program for grades 5-8*. 2006 ArkAHPERD State Convention, Hot Springs, AR.
- Hilson, V.L. (2005, November). *Officiating 101: How to Become a Successful Sports Official*. 2005 ArkAHPERD State Convention, Eureka Springs, AR.
- **Local**
 - Hilson, V.L. (2023, September). *General Orientation Session*. Special Olympics-Area 7 Coaches Meeting. Jonesboro, AR.
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 - Hilson, V.L. & Renelique, S.M. (2022, August). *Study Skills*. SSS Summer Bridge Academy 2022. Jonesboro, AR
 - Hilson, V.L. (2014, September). *General Orientation Session*. Special Olympics-Area 7 Coaches Meeting. Jonesboro, AR.
 - Hilson, V.L. (2014, June). *Sports Training*. Special Olympics Coaches Training Clinic. Jonesboro, AR.

SERVICE

- **University**
- **College**
 - EPP Initial Level Assessments
 - EPP Diversity Committee
- **Department**
 - PETE Program Coordinator
 - Undergraduate Curriculum
 - Diversity Committee
 - Recruitment Committee
 - District IV Committee
 - Faculty Search Committee
 - Physical Education Majors (PEM) Club Co-Advisor
- **Community**
 - Special Olympics, Area 7, Training Director (2011-Present)
 - Special Olympics, Area 7, Management Planning Committee (May 2008-Present)
 - Alpha Kappa Alpha Sorority, Inc., Uplift our Community Committee
 - Eliza Murphy #395 O.E.S., PHA
 - NAACP
 - New Beginnings MBC Food Pantry
 - USATF Official
 - Nettleton District Wellness Community
- **Other**
 - A-State Special Olympics (SO) College Club Advisor
 - PEM Club Co-Advisor
 - FYE Advisory Council
 - edTPA mentor
 - Special Olympics Arkansas Board of Directors, DEI Committee Chair
 - Special Olympics Arkansas Board of Directors, member-at-large
 - Special Olympics AR/Team AR- USA Games 2022, Head Athletics Coach

- AAU AR Track & Field, Board of Directors, Awards and member-at-large (2015-2021)

PROFESSIONAL DEVELOPMENT

- Heartsaver CPR AED: American Heart Association CPR & First Aid Emergency Cardiovascular Care, July 25, 2024, Baptist Health Medical Center-Little Rock (Instructor- Darla
- Cognitive Coaching Foundation Seminars: Increase Individual Potential, July 1-30, 2024, Arkansas State University
- Aspiring Teacher Rubric Training, December 14, 2023, Zoom
- SHAPE Arkansas Conference, Nov. 2-3, 2023, Arkansas State University
- Leadership Coaching Academy, Dec. 6-7, Sep. 12-13, 2023, NEA Cooperative, Walnut Ridge, AR
- Special Olympics South Central Conference, October 7-9, 2022, Dodge City, KS
- FYE Faculty Training, July 1, 2022, Zoom
- Special Olympics Arkansas, Role of a Coach and Chaperone, April 13, 2022, Zoom
- NAPDS Conference, February 10-11, 2022, Chicago IL
- Special Olympics Arkansas Board of Directors Orientation, March 26, 2021, Zoom
- FYE Faculty Training, May 17, 2021, Zoom Session
- Diversity in Action Conference, June 18, 2021, Zoom
- Task Stream Training, September 21, 2021, Zoom
- Hallmarks of an Anti-Racist Institution, EAB Diversity, October 28, 2021, Zoom
- Annual Assessment Day (Initial Level Programs), November 12, 2021, Delta Center
- VoiceThread Summer Institute Workshop, July 6-8, 2020, Zoom & Blackboard
- FYE Faculty Training, May 5, 2020, WebEx Virtual Session
- SHAPE Arkansas Virtual Conference, November 7, 2020, Zoom
- Annual Assessment Day (Initial Level Programs), November 13, 2020, Zoom
- EPP Assessment Retreat, April 05, 2020, Delta Center
- edTPA Local Evaluation Training, March 6, 2020, Student Union Spring River Room

PROFESSIONAL MEMBERSHIPS (current)

BFSA

SHAPE America

SHAPE Arkansas

NAACP

USATF

AAU

HONORS

- 2023 Excellence in Diversity Award, Arkansas State University, Jonesboro, AR (April 6, 2023)
- Volunteer of the Year, Special Olympics Arkansas, Summer Games, Searcy, AR (May 22, 2015)

- Faculty of the Game, A-State Athletics- Centennial Bank Stadium, Jonesboro, AR (Nov. 8, 2014)
- Higher Educator of the Year, ArkAHPERD Convention, Little Rock, AR (Nov. 6, 2014)